

Life After Stroke

NEW BEGINNINGS

**A group for
Stroke Survivors
and those who
care for and
about them**

Having a Stroke is a Life altering experience. Support groups are a great way to meet other stroke survivors and care partners who understand what you are going through. Our mission is to enhance the lives of survivors and care partners through self-help education and supportive discussions.

WHEN:

The Fourth Thursday
of each month from
10 - 11:30 a.m.

WHO:

All Stroke Survivors, care
partners and families are
invited to attend.

LOCATION:

Pomona Valley Health Center, Claremont

1601 Monte Vista Avenue • Claremont, CA 91711
Conference Room – Second Floor

For more information, please call:

909.865.9823

or email: Stroke.Support@pvhmc.org



www.pvhmc.org