

News

Spring 2024



Funding

We received a generous donation from New Unto Others thrift store in Glendora for \$2,500! This wonderful store takes items that were donated in the name of After Stokers and gives us a cut of the sales dollars. We are extremely grateful for their amazing support over the years, and for such friendly community partners. They put their money where their heart is.

Glendora After Stroke Center is a 51-year-old nonprofit dedicated to providing fun and fellowship to stroke survivors and caregivers.

Our free meetings are held every Wednesday, 9am to 12pm at La Fetra Senior Center 333 E Foothill in Glendora.

Successes

Thanks to some generous donors we were able to join the Glendora Chamber of Commerce in March! It will be so nice to meet our local business community, and find folks to partner with. We'll promote our group and upcoming events. Julie attended two meetings in March and has already started forging new friendships.

Events

February: La Fetra Health Fair

We met some nice people, and handed out goodie bags with our magnets, cards, donation info, and trail mix.

March: Library Day

The good folks from Glendora Public Library launched this new monthly event. Library cards were available, and a great selection of books and music CDs.

Continued on other side...

Spring 2024

Successes (continued)

Thanks to our volunteers and stroke survivors for stepping up to facilitate the Re-Learning Hour, especially Mikki, Florina, Helen, and Daniela! Re-Learning lets stroke survivors stretch their skills in brain games, conversation, movement, strength, music, and art.

New Board Members

Bonnie Singleton

Welcome to Bonnie who joined our Board of Directors in January and already feels like one of the family! Bonnie is a retired registered nurse who worked with American Red Cross Blood Services for many years. She regularly volunteers at Glendora Public Library and Foothill Presbyterian Hospital. She also owns Sweet Lou's Spices which her husband started over 25 years ago.



Board Members Bonnie Singleton, Sue Johnson, Elaine McAllister, Elise Monroe, Helen Uitermark, Julie John, and Marsha Mason (Not pictured: Jeannine Foote)

Marsha Mason

And let's also welcome Marsha who joined the Board in March! Marsha is president of the Glendora Women's Club, and incoming president of the Glendora Community Coordinating Council. She puts together the yearly All-Class Reunion for Glendora High. And she is a reporter for the San Gabriel Valley Examiner who has covered many of our events. Her mom, Joann Wilkie, was once an After Stroker!